

PRAY. LIVE. LOVE. BE.

different

Where are we going?

- Choose to be Present; Be Intentional
- Know you are loved; remember the reason for your hope
- Your destiny is in heaven, not on earth
- Choose to Pray
- Take time in silence
- Choose to forgive – yourself and others
- Take time to ask in prayer what God is calling you to do
- Share His Love
- When you discover what God is calling you to do, do it as if God Almighty called you at this time in history to do it
- Choose to live fully – “I don’t know what they have, but I will have one of those”

PRAY. LIVE. LOVE. BE.

different

HOPE

Hope



Hope



Hope - You are loved

Prodigal son story - love of the father

Whitewater rafting - lost son

During time of emptiness, desert time, alone time, at times when you can't "feel" His presence (Mother Teresa) - He is still there
"Our hearts are restless until the rest in you." St. Augustine

Hope

1 Peter 3:15 “Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you; 16 yet do it with gentleness and reverence.”

Jeremiah 29 **11** For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope. **12** Then when you call upon me and come and pray to me, I will hear you.

John 3:16 “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

1 Cor 2:9 “What no eye has seen, nor ear heard, nor the human heart conceived what God has prepared for those who love Him.”

The world is thy ship, not thy home.” Saint Therese of Lisieux

Hope

18 I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us.

24 For in hope we were saved. Now hope that sees for itself is not hope. For who hopes for what one sees?^s25 But if we hope for what we do not see, we wait with endurance.

26 In the same way, the Spirit too comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit itself intercedes with inexpressible groanings.27 And the one who searches hearts knows what is the intention of the Spirit, because it intercedes for the holy ones according to God's will.^t

Romans 8:18, 24-27

Hope

28* We know that all things work for good for those who love God,* who are called according to his purpose.^u29* For those he foreknew he also predestined to be conformed to the image of his Son, so that he might be the firstborn among many brothers.^v30And those he predestined he also called; and those he called he also justified; and those he justified he also glorified.^w31* What then shall we say to this? If God is for us, who can be against us?^x32He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him?^y33Who will bring a charge against God's chosen ones? It is God who acquits us.^z34Who will condemn? It is Christ [Jesus] who died, rather, was raised, who also is at the right hand of God, who indeed intercedes for us.^a35What will separate us from the love of Christ? Will anguish, or distress, or persecution, or famine, or nakedness, or peril, or the sword? 36As it is written:^b

“For your sake we are being slain all the day; we are looked upon as sheep to be slaughtered.”

37No, in all these things we conquer overwhelmingly through him who loved us.^c38For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things,* nor future things, nor powers,^d39nor height, nor depth,* nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord.

Hope

Gordie funeral, June 6, 2000

Anger. Sad. Didn't understand.

Ashley funeral, July 14, 2008

Joy. Butterflies. Touched to present.

John funeral, July 11, 2009

I can only imagine. Joy. Happiness

PRAY. LIVE. LOVE. BE.

different

PRAYER

Prayer

Silence. Simplicity. Solitude.

Don't get prayers in, get in to your prayers *Hope for the Journey*

Be intentional.

Not during perfect time, don't wait for perfection. *Prayer our Deepest Longing*

Jesus alone to pray many times

Gethsemane repeated prayer 3 times; woman seeking just judgment

Cure of Ars - I look at Him and He looks at me *Hope for the Journey and others*

Prayer - Prayer our Deepest Longing

“We go in to God’s presence (prayer) only when we have nothing to hide, are joy-filled, and feel we can give proper attention to God in a reverent and loving way.

What’s so unfortunate is that, ... we stay away from it just when we need it most.”

Prayer is to raise our hearts and minds to God. A conversation with Jesus Christ.

Prayer - Prayer our Deepest Longing

Two classical concepts of perfection, one Greek and the other Hebrew.

Greek - to be perfect is to have no deficiencies, no faults, no flaws

Hebrew - to be perfect simply means to walk with God, despite our flaws

Prayer - Prayer our Deepest Longing

Thomas Merton says we are in solitude, in contemplation, in prayer, when we fully taste the water or the flavor of the coffee we are drinking, feel the warmth of our blankets, share love and friendship, are restful enough to be content inside our own skin, and perform the everyday tasks of our lives so as to perceive in them that our lives aren't little or anonymous or unimportant, but that what's timeless and eternal is in the ordinary of our lives.

Prayer - Jesus praying

Luke 5:16 But Jesus often withdrew to lonely places and prayed.

<http://www.soulshpherd.org/do-nothing-dont-try-to-make-anything-happen/>

Luke 6:12 One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. 13 When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles:

Luke 9:18 Once when Jesus was praying in private and his disciples were with him, he asked them, "Who do the crowds say I am?"

Luke 22:39 Jesus went out as usual to the Mount of Olives, and his disciples followed him.

Luke 22:41-44 He withdrew about a stone's throw beyond them, knelt down and prayed, "Father, if you are willing, take this cup from me; yet not my will, but yours be done." An angel from heaven appeared to him and strengthened him. And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

Prayer - Jesus praying

Matthew 11:28-30 28 “Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light.”

Matthew 14:22-23 22 Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. 23 After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, 24 and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.

Mark 1:35 Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Mark 6:45-46 45 Immediately Jesus made his disciples get into the boat and go on ahead of him to Bethsaida, while he dismissed the crowd. 46 After leaving them, he went up on a mountainside to pray.

Mark 14:26, 32 “When they had sung a hymn, they went out to the Mount of Olives ... they went to a place called Gethsemane; and he said to his disciples, “Sit here while I pray.”

Prayer - Jesus praying

Mark 14

32 Then they came to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." 33 He took with him Peter, James and John, and began to be troubled and distressed. 34 Then he said to them, "My soul is sorrowful even to death,". "Remain here and keep watch." 35 He advanced a little and fell to the ground and prayed that if it were possible the hour might pass by him; 36 he said, "Abba, Father, "all things are possible to you. Take this cup away from me, but not what I will but what you will."

37 When he returned he found them asleep. He said to Peter, "Simon, are you asleep? Could you not keep watch for one hour? 38 Watch and pray that you may not undergo the test. The spirit is willing but the flesh is weak."

39 Withdrawing again, he prayed, saying the same thing. 40 then he returned once more and found them asleep, for they could not keep their eyes open and did not know what to answer him.

41 He returned a third time and said to them, "Are you still sleeping and taking your rest? It is enough. The hour has come. Behold, the Son of Man is to be handed over to sinners. 42 Get up, let us go. See, my betrayer is at hand."

<http://www.usccb.org/bible/mark/14>

Prayer

2 Samuel 6 David dancing and singing before the Lord

Psalms 150:1-6 Praise him with the lute and harp

1 Kings 19:20-30 Elijah and the prophets of Baal, the tremendous ground shaking presence of God in the fire that consumed not only the sacrifice but the altar

1 Kings 20:11-12 Wind, earthquake, fire, but God present in the whisper

Prayer - Forgiveness

Of self. Of others. *Everybody needs to Forgive Somebody*
Prodigal Son. "forgive us our trespasses as we forgive those who trespass against us." All three perspectives.

Mt 6:9-13, Lk 11:2-4 The Lord's Prayer (get in to your prayer)

Mt 6:14-15 **14** For if you forgive other people when they sin against you, your heavenly Father will also forgive you. **15** But if you do not forgive others their sins, your Father will not forgive your sins.

Mk 11:25-26 **25** And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins. **26** But if you do not forgive, neither will your Father who is in heaven forgive your transgressions."

Prayer - how it manifested in my life

Marriage of friend and church revelation after prayers at retreat adoration

Marriage and hitchhiker

Gordie benefit

Co-worker daughter pursuing boards

Lamu boat trip

Nairobi train ride

Sister relationship

Friend's prayer request for marriage

Prayer - how it manifested in my life

Swakopmund

Caprivi gas station

Zanzibar mile tide

St. Peter's confession

Okavango Delta

Christmas in Capetown

Eagle project trip to Africa

Prayer - practical tips

When - Be intentional, schedule it, regularly/daily

Where - Set a place

Church/Chapel is great if can get there but ...

Set a posture

What/How - Utilize different styles (rosary, spontaneous, liturgical, Scripture, Lives of the Saints, music, etc.

Why - If just praying for an answer, peace, etc.

Hopefully to build a relationship with God

Father Mike Schmitz

<https://www.youtube.com/watch?v=yk8In-6KUGc>

Prayer

<https://www.goodreads.com/work/quotes/1220202-thoughts-in-solitude>

“My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road though I may know nothing about it. Therefore will I trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone.”

— Thomas Merton, Thoughts in Solitude

Prayer

Be still and know that I am God. Be still and know that I am. Be still and know. Be still. Be. (Psalm 46:10)

Lord Jesus Christ, Son of God, have mercy on me, a sinner. (~Luke 18:13)

I can do all things in Christ who gives me strength. (Philippians 4:13)

Come Holy Spirit, come now, come as you wish.

Come Lord Jesus. Maranatha.

For in hope we are saved. (Romans 8:24)

The Lord is my Shepherd, I shall not want. (Psalm 23)

PRAY. LIVE. LOVE. BE.

different

LIVE IT

<https://youtu>

Live it - I can carry you



Live it

Silence. Simplicity. Solitude.

Don't get prayers in, get in to your prayers *Hope for the Journey*

Be intentional.

Not during perfect time, don't wait for perfection. *Prayer our Deepest Longing*

Jesus prayed often, mostly alone

Gethsemane repeated prayer 3 times; woman seeking just judgment

Cure of Ars - I look at Him and He looks at me *Hope for the Journey and others*

Live it

James 2:14-18

14 What does it profit, my brethren, if a man says he has faith but has not works? Can his faith save him? 15 If a brother or sister is ill-clad and in lack of daily food, 16 and one of you says to them, “Go in peace, be warmed and filled,” without giving them the things needed for the body, what does it profit? 17 So faith by itself, if it has no works, is dead.

18 But some one will say, “You have faith and I have works.” Show me your faith apart from your works, and I by my works will show you my faith.

Live it

John 15:9-17

9 As the Father has loved me, so have I loved you; abide in my love. 10 If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. 11 These things I have spoken to you, that my joy may be in you, and that your joy may be full.

12 "This is my commandment, that you love one another as I have loved you. 13 Greater love has no man than this, that a man lay down his life for his friends. 14 You are my friends if you do what I command you. 15 No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. 16 You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide; so that whatever you ask the Father in my name, he may give it to you. 17 This I command you, to love one another.

Live it

1 John 4

7 Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. 8 Whoever does not love does not know God, for God is love. 9 God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. 10 In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. 11 Beloved, since God loved us so much, we also ought to love one another. 12 No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.

<https://www.biblegateway.com/passage/?search=1+john+4&version=NRSVCE>

Live it

1 John 4

16 God is love, and those who abide in love abide in God, and God abides in them. 17 Love has been perfected among us in this: that we may have boldness on the day of judgment, because as he is, so are we in this world. 18 There is no fear in love, but perfect love casts out fear; for fear has to do with punishment, and whoever fears has not reached perfection in love. 19 We love because he first loved us. 20 Those who say, "I love God," and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. 21 The commandment we have from him is this: those who love God must love their brothers and sisters also.

Live it

John 10:10 I came that you might have life and have it to the full

Mt 5:16 Shine your light before all men so they may see the good you do and praise your Father up in heaven

1 Thes 5:16-18 Be joyful always, pray at all times, be thankful in all circumstances, that is what God wants from you.

Phil 4:4 May you always be joyful in your union with the Lord

Phil 4:8 Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

Live it

John 13:1-17 Jesus washing disciples feet at last supper

1 Cor 13 If have not love

Matthew 25:31-46 The sheep and the goats When did I see you ...

Luke 10:25-37 The parable of the Good Samaritan

Live it

DSM homeless man. NCYC homeless man.

Airplane trip → “Toy”

Dawn’s letter

JOY - Jesus Others You; I am THIRD

Saints - Saint Clare, Saint Francis, St. Peter, St. Therese, St. Maria Goretti, St. Jose Luis Sanchez del Rio, St. Tarcisius, St. Mamillian Kolbe, St. John Vianney

Live it

Mother Teresa

Ashley Peterson July 14, 2008

I don't know what they have but ...

Viktor Frankl

“When we are no longer able to change a situation, we are challenged to change ourselves.”

“Everything can be taken from a man but one thing: the last of the human freedoms—to choose one’s attitude in any given set of circumstances, to choose one’s own way.”

— Viktor E. Frankl, *Man's Search for Meaning*
<https://www.goodreads.com/work/quotes/3389674>

Life's Blueprint - Dr. Martin Luther King, Jr.

And when you discover what you will be in your life, set out to do it as if God Almighty called you at this particular moment in history to do it. don't just set out to do a good job. Set out to do such a good job that the living, the dead or the unborn couldn't do it any better.

If it falls your lot to be a street sweeper, sweep streets like Michelangelo painted pictures, sweep streets like Beethoven composed music, sweep streets like Leontyne Price sings before the Metropolitan Opera. Sweep streets like Shakespeare wrote poetry. Sweep streets so well that all the hosts of heaven and earth will have to pause and say: Here lived a great street sweeper who swept his job well.

— *From the estate of Dr. Martin Luther King, Jr.*

<http://old.seattletimes.com/special/mlk/king/words/blueprint.html>

Where have we been?

- Choose to be Present; Be Intentional
- Know you are loved; remember the reason for your hope
- Your destiny is in heaven, not on earth
- Choose to Pray
- Take time in silence
- Choose to forgive – yourself and others
- Take time to ask in prayer what God is calling you to do
- Share His Love
- When you discover what God is calling you to do, do it as if God Almighty called you at this time in history to do it
- Choose to live fully – “I don’t know what they have, but I will have one of those”

Thank you!



Key points

Be intentional. Be present and immersed. Be open and receptive.

Silence. Simplicity. Solitude.

Prayer is key to knowing the will of God.

Forgiveness. Everybody has to forgive somebody. Whether self or others.

Live it - I don't know what they have, but I will have one of those

Ruminations / supporting items

St. Paul of the Cross - "Let everything in creation draw you to God"

Sr. Theresa Alethia Noble

<https://aleteia.org/2018/07/03/a-nuns-10-tips-for-social-media-sanity-we-think-7-is-key/>

<https://pursuedbytruth.com/memento-mori/>

<https://www.patheos.com/blogs/pursuedbytruth/2015/04/ten-reasons-to-embrace-holy-leisure-and-surfing.html>

Live it

Sour saints - St. Theresa of Avila

MLK - street sweeper

Tom Hanks Bridge of Spies "Would it help?"

Ashley Peterson July 14, 2008

Live it

1 John 3:16-24

16 The way we came to know love was that he laid down his life for us; so we ought to lay down our lives for our brothers. 17 If someone who has worldly means sees a brother in need and refuses him compassion, how can the love of God remain in him? 18 Children, let us love not in word or speech but in deed and truth. 19 [Now] this is how we shall know that we belong to the truth and reassure our hearts before him 20 in whatever our hearts condemn, for God is greater than our hearts and knows everything. 21 Beloved, if [our] hearts do not condemn us, we have confidence in God 22 and receive from him whatever we ask, because we keep his commandments and do what pleases him. 23 And his commandment is this: we should believe in the name of his Son, Jesus Christ, and love one another just as he commanded us. 24 Those who keep his commandments remain in him, and he in them, and the way we know that he remains in us is from the Spirit that he gave us.

Books

Prayer our Deepest Longing: Hebrew versus Greek perfectionism

Time for God

Dangerous Wonder

Beautiful Mercy

Beautiful Hope

Rhythm of Life

Finding True Happiness

Walk Humbly with Your God

13 Powerful Ways to Pray

How to Pray Like Mary

Music

Come as you are
What a beautiful name
It is well with my soul
Blessed Be Your Name
Lord I Need You
I Believe
Turn your eyes upon Jesus
Holy Spirit
Sacred Silence
I can only imagine
You alone are all I need
We believe in God

Overview

- God loves you. You matter. You have value.
- Pray. Always. Fully. Openly.
- Live with hope
- Be present
- Share His love
- Choose to live fully
- Be Present
- Take time for silence, simplicity and solitude
- Take time to ask what is God calling you to do
- Read uplifting books / watch upliftingshows or movies or videos
- Live. Truly live.

Overview

- God loves you
 - John 3:16. For God so loved the world, that he gave his only begotten Son, that whoever believes in Him should not perish but have eternal life
- Share His love
 - John 13:14-17. Jesus washes the disciples feet
 - John 13:34-35 A new command I give you: Love on another as ...
- Choose to live fully
 - John 10:10. “I came that you might have life and have it abundantly
- Be Present
 - Luke 10:38-42. Martha and Mary
 - Ecclesiastes 3:1-8 To everything there is a season, a time for every purpose under the heaven; a time to be born and a time to die ...
 - Shawshank Redemption “Get busy living or get busy dying ...”
- Take time for silence, simplicity and solitude
 - Luke 5:16. But Jesus often withdrew to lonely places to pray.

Overview

- Take time to ask what is God calling you to do
 - Jeremiah 29:11. “For I know the plans I have for you” declares the Lord, “plans to prosper you and not give you harm, plans to give you hope and a future.”
- Read good books / watch good shows or movies or videos

Life's Blueprint - Dr. Martin Luther King, Jr.

I want to ask you a question, and that is: What is your life's blueprint?

... Now each of you is in the process of building the structure of your lives, and the question is whether you have a proper, a solid and a sound blueprint.

I want to suggest some of the things that should begin your life's blueprint. Number one in your life's blueprint, should be a deep belief in your own dignity, your worth and your own somebodiness. Don't allow anybody to make you feel that you're nobody. Always feel that you count. Always feel that you have worth, and always feel that your life has ultimate significance.

Secondly, in your life's blueprint you must have as the basic principle the determination to achieve excellence in your various fields of endeavor. You're going to be deciding as the days, as the years unfold what you will do in life — what your life's work will be. Set out to do it well.

— *From the estate of Dr. Martin Luther King, Jr.*

<http://old.seattletimes.com/special/mlk/king/words/blueprint.html>

Teddy Roosevelt

THE MAN IN THE ARENA

Excerpt from the speech "Citizenship In A Republic"
delivered at the Sorbonne, in Paris, France on 23 April, 1910

It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.

<http://www.theodore-roosevelt.com/trsorbonnespeech.html>

Life

You have value.

Be present. Live fully. Choose your attitude.

Be in the arena.

Sing like nobody is listening.

Don't just set out to do a "good" job ...

Not why. Why not?

The world needs you, it needs your witness

What do you want to do if you could do anything?

If not vocation, possibly avocation

Ruminations / supporting items

One at a time (starfish)

<https://www.chickensoup.com/book-story/36167/one-at-a-time>

Tollgate keeper dancing

<https://www.chickensoup.com/book-story/35183/a-place-to-stand>

Where will you be in 7 years if you don't go back to school

Either way we have a wrecked car

<https://www.chickensoup.com/book-story/35187/attitude-one-of-life-s-choices>

Hope



Hope - need to find prison scene version and bus ride version instead



<https://youtu>

Hope - Would it help?



Friday night last slide



End of content

