

# Easter

## He is Risen!



**Easter Sunday is the greatest of all Sundays, and Easter Season is the most important of all liturgical seasons. Easter is the celebration of the Lord's resurrection from the dead, culminating in his Ascension to the Father and sending of the Holy Spirit upon the Church. There are 50 days of Easter from the first Sunday to Pentecost. It is characterized, above all, by the joy of glorified life and the victory over death, expressed most fully in the great resounding cry of the Christian: Alleluia! All faith flows from faith in the resurrection: "If Christ has not been raised, then empty is our preaching; empty, too, is your faith." (1 Cor 15:14) ([www.usccb.org](http://www.usccb.org))**

**Start by watching this [short video](#) about what Easter means to your life as a Christian.** - Take a few minutes of silence simply seeking to encounter the risen Christ in prayer.

### **SFA Easter Liturgies streamed live on Facebook:**

**Easter Vigil:** April 11, 8 pm

**Easter Sunday:** April 12, 10 am

\* Worship Aid for these services can be found on the parish [website](#).

\*\* ASL Interpreted.

\*\* Streamed Liturgies will be recorded and posted on our [website](#) and [Vimeo page](#).

### **Resources for Families**

- Reflect on Saturday: [Easter Vigil Readings](#)
- After dark on Saturday, process through your house turning on all the lights, singing the Gloria or Alleluia. Bless your house and family with Holy Water.
- Renew your [Baptismal Promises](#)
- [Resurrection Cookie](#) recipe
- [Easter Vigil and Easter Sunday](#) resources from the Diocese of Des Moines
- As you encounter family and friends throughout the day, say and respond "Christ is risen. Christ is risen indeed!"
- Listen to the Easter playlist that will be on the [parish's web page](#) by Sunday.

### **Resources for Small Children**

- [Resurrection Eggs](#) for little kids
- [The Easter Bunny's Amazing Day](#)
- Song: [We Know Jesus is Alive](#)
- Read the Easter Story from a bible then watch this [Children's Easter Homily Video](#)

### **Resources for Elementary Kids**

- Easter Morning [Scavenger Hunt](#)
- Recipe for easy [Resurrection Rolls](#)
- [50 ideas](#) for the 50-day Easter Season
- Read the [Gospel from Easter Sunday](#)
- An [Interview with Thomas](#)

### **Resources for Teens**

- [Reading/reflections for Easter Sunday](#)
- Resurrection [Crossword](#)
- [Bishop's Holy Week Message to Youth](#)
- Easter Sunday [Devotional](#)
- [15 Logical Reasons](#) to believe in the Resurrection
- Father Mike Schmitz [Easter Special](#)

### **Resources for Adults**

- Tired of Netflix? [Tour](#) Vatican's seven popular sites, including the Sistine Chapel, Raphael's Rooms, and more.
- [Easter Sunday Virtual Retreat](#) (3-4:30pm)

### **Resources: Special Needs**

- Fun [Easter Egg Hunts](#) for Kids with Autism
- [Picture Glossary](#) to help explain the Faith
- Printable [Adapted book about God's Love](#)