

# Prayer Life Survey for the Household and Reflection

---

This month in TOGETHER IN FAITH our SFA parish families are focusing on our household prayer life. During our *LIVE from Assisi Event* we gathered everyone in our household and created a beautiful prayer space in our home. Now it's time to pray hard and pray every day!

First, let's take a look at our family prayer life right now. Gather the members in your household and take this survey...

(To make this more interactive for children, cut each question into a strip and put in a bowl for each person to pull out and read aloud. That person can answer and then have each person in the household answer and then discuss as a group.)

## Personal Prayer Life

1. Do I pray alone?
2. Do I pray with others?
3. Do I put my worries in God's hands?
4. Do I just talk to God about my day?
5. Can I make it through the day without praying?
6. Do I only pray to God when I have a need?
7. Do my prayers sound alike all the time?
8. Do I say "Thank You" to God?
9. Do I tell people that I will pray for them and then I do?
10. Do I read the bible and reflect on what I read?

## Family Prayer Life

9. Does our family pray together every time we sit down for a meal?
11. Do our prayers sound alike all the time?
12. Is our family comfortable praying wherever we are?

If you answered yes to most of the questions, you are doing a great job of feeding your prayer life! Push yourself to gather with others to join in prayer.

If not, think about where your family can improve and set a goal to bring more of God into your life!

# Reflection

**READING:** Luke 11:1-28

*“Lord, teach us to pray.”*

Luke 11:1

You might know somebody like the people I’m about to describe. When they pray, you just know that heaven hears them. It’s as if they have a direct line to the Father (which they do, of course, through Christ). Nothing sounds fake. No words are contrived. Their heart beats with the heart of God, and the words of their prayers are a genuine conversation between the Creator and the created. If you do know somebody like that, I suspect he or she is one of the few persons you know who exhibit that kind of prayer. Not many of us today, I fear, get to sit at the feet of such people.

The disciples of Jesus did, though. They were Jewish men, so it’s likely they had learned something about prayer, but the way Jesus prayed was different than anything they had seen or heard. They had learned about the ritual of prayer, but Jesus modeled a relationship of prayer. You might recall from previous devotions that Jesus pushed away from the crowds to be with the Father (**Luke 5:15-16**), that He prayed all night long before calling His apostles (**Luke 6:12**), that He allowed His disciples to be near Him as He prayed in private (**Luke 9:18**), and that He took three of them to the mountain to pray (**Luke 9:28**). Perhaps they heard Him pray as He rejoiced in the Holy Spirit (**Luke 10:21**). Surely these verses only skim the surface of what they experienced as they eavesdropped on the relationship between the Father and the Son – and it’s no wonder they said to Jesus, “Lord, teach us to pray” (**Luke 11:1**).

Based on this text, here’s the question I’ve asked myself (and then others) for years: if you were to walk with me non-stop for the next seven days . . . going every place I go . . . doing everything I do . . . hearing every word I say . . . would you come out of that week saying, “Please teach me to pray like you pray”?

**PRAYER:** *“Lord, teach me to pray like Jesus did.”*

**From ‘Praying Like Jesus Prayed’ by Chuck Lawless**

12 Practical Ways to Improve Your Prayer Life - <https://www.graceincolor.com/prayer-improve-your-prayer-life/>

5 Ways to help your child have a prayer life - <https://www.ihopkc.org/cec/news/five-ways-help-child-develop-prayer-life/>