

# GO FORTH ACTIVITIES

## Meet the Saints Kid Friendly Activities

### October

**Feed the birds:** Did you ever notice how St. Francis statues often times have birds sitting on his shoulders? That's because St. Francis was a friend to all animals. Throw out some birdseed for the birds in your yard to enjoy. If you want to offer them an extra special treat, make bird seed cookies  
<http://lets-explore.net/blog/2009/06/birdseed-cookies/>

**Make a home:** Make a bird house for your garden to honor St. Francis  
[https://alice.typepad.com/cottage\\_blessings/2006/10/good\\_st\\_francis.html](https://alice.typepad.com/cottage_blessings/2006/10/good_st_francis.html)

**Pet Blessing:** If you have pets at your house, invite your pet to your Prayer Table and use this prayer to pray over your pet...

Good St. Francis, you loved all of God's creatures.

To you they were your brothers and sisters.

Help us to follow your example

of treating every living thing with kindness.

St. Francis, Patron Saint of animals,

watch over our pet and keep our companion safe and healthy. Amen.

**Take a Nature Walk or Visit the Animals at the Zoo:** Spend time appreciating the plants and animals God created.

**Build a Church:** It is said that when St. Francis first heard his call to religious life, he was told, "Rebuild my church." He took this command literally, thinking he was to rebuild the church of San Damiano in Assisi. Thus, he began to do so, stone by stone. In honor of his obedience and hard work, gather your Legos and build a miniature church. Fashion it after our St. Francis church building. Then add it to your prayer table.