

## Grow

We invite households to GROW in their faith by completing 2-3 activities from below that reinforce the month's theme. Please choose the activities that appeal to your household members.

**February's Theme:** Enter the covenant through the sacraments

**Focus:** Promises

**Scripture:** *He remembers forever His covenant, the word He commanded for a thousand generations. –Psalm 105:8*

**Past Months** –Link to activities and replays from previous months

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This month we invite all households to GROW as we enter into the Season of Lent.

### Bury the Alleluia

A tangible way to help prepare all household members for the solemn season of Lent (and draw your attention into the Church's calendar and Mass celebrations) is to **bury "Alleluias"** before the season of Lent begins. Color the **ALLELUIA coloring sheet** in your Take Away Bag. You may make a copy of it for all members of your household.

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### Living Lent Worksheet

How will your household live Lent this year? Begin by attending Ash Wednesday Mass on February 17, 2021 (view **St. Francis mass times**) . Then, use the **Living Lent**

**Worksheet** to discuss, prepare, and live Lent this year to draw closer to God. Check out the LENT IN A BAG in your Take Away Bag to touch, feel, and reflect upon to ignite or renew your faith in this season of Lent.

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### Lent in a Bag

In your Take Away Bag is a LENT IN A BAG to guide you on a Lenten journey. Each week place one item at your Prayer Table and reflect on it as suggested in the enclosed Reflection Guide. Allow your household to touch and feel the items and come to know what each one symbolizes.