

Feeling Words

| Alive | Angry | Confused | Depressed | Fearful |
|---|--|---|--|--|
| Active Animated Brave Brilliant Cheerful Courageous Creative Dynamic Effective Energetic Enthusiastic Fearless Keen Lively Optimistic Productive Rejuvenated Sharp Vibrant Zealous | Aggravated Annoyed Burnt up Cranky Cynical Disgusted Enraged Exasperated Fed up Furious Grumpy Hostile Indignant Infuriated Irritated Mad Outraged Resentful Sore Upset | Awkward Bewildered Distracted Dumfounded Embarrassed Flabbergasted Hesitant Incredulous Indecisive Lost Mixed up Perplexed Puzzled Shy Skeptical Tearful Tense Trapped Uncertain Uncomfortable | Cheerless Choked up Dejected Disheartened Disgusting Frustrated Gloomy Heavy hearted In despair Lonesome Lousy Miserable Mournful Pathetic Spiritless Strained Terrible Unloved Unworthy Worn-out | Afraid Apprehensive Anxious Boxed in Fearful Frightened Horrorified Hysterical Intimidated Insecure Jumpy Nervous Overwhelmed Paranoid Panic stricken Petrified Restless Scared Terrified Uptight |
| Happy | Helpless | Hurt | Lovely | Sad |
| Blessed Blissful Carefree Contented Enlightened Favorable Fortunate Fulfilled Gratified Honored Important In high spirit Joyful Jubilant Lucky Overjoyed Proud Satiated Satisfied Thrilled | Alone Clumsy Defective Deficient Despair Discouraged Hopeless Inadequate Incapable Incapacitated Incompetent Ineffective Insufficient Inferior Paralyzed Powerless Unqualified Useless Vulnerable Worthless | Abused Alienated Betrayed Cheated Criticized Defeated Deprived Deserted Discarded Heart-broken Humiliated Insulted Mistreated Neglected Persecuted Put down Rejected Snubbed Tortured Victimized | Adorable Amorous Attractive Beautiful Captivating Charming Close Considerate Cute Delightful Devoted Elegant Enchanting Fascinating Irresistible Lovely Passionate Sensitive Sweet Tenderly | Blue Desperate Disappointed Discouraged Downcast Empty Excluded Friendless Grief-stricken Inconsolable In pain Let down Lonely Low Miserable Pathetic Pessimistic Torn Unfortunate Unhappy |