

The Eucharist – Discussion Questions

What it was ... Video

What aspects of the Eucharist do you see in this video?

Doubting Thomas reading

What does this gospel episode teach us about the kind of relationship Jesus desires to have with us?

How do you see the Eucharist in this episode?

Mingling of Wine and Water

The wine and the water are mingled before the gifts are consecrated. The wine is God, and water is us. When the priest prepares the chalice and adds the water, he recites the following prayer:

"By the mingling of this water and wine we share in the divinity of Christ, who humbled himself to share in our humanity."

What does this say about who Jesus is?

What does it say about who we are?

What does it say about the contents of the chalice?

How much of the wine went into the chalice? How much of the water?

What does this say about God? ...about this gift? ...about his mercy?

Table Discussion

How has your experience at Mass helped you become a more active participant?

What can you do to keep it fresh?

What do you / could you do to keep Jesus present with you throughout the week?

What sacrifices have you made in your journey to follow Jesus?

What do you think the Church means when it calls the Eucharist the “Source and Summit” of our Faith?