

### **Do I have to get up and talk in front of people?**

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No, and no pressure will be on you if others do speak. This is an opportunity to meet and get to know fifty people from the parish.

### **How do I know if I need renewal?**

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As Christians we are called to continually renew our faith and our relationship with Christ. As a parish we are called to continually renew our community, to experience "being church for others."

Do not worry about your preconceived reluctance to participate. Come and see.

### **What are our priests' thoughts on CRHP?**

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Our parish priests are committed to CRHP. They have participated in the weekend as retreatants and will continue to be involved as our Spiritual Directors at each retreat. They are always praying for the renewal of our parish and encourage everyone to consider a retreat weekend.

### **How do I register?**

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Visit [saintfrancischurch.org/adultfaith/retreatanddiscern](http://saintfrancischurch.org/adultfaith/retreatanddiscern) or call the Adult Faith Formation office at 515-440-1030.

Applications are accepted on a "first come, first served" basis.

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**So whoever is in Christ is a new creation; The old things have passed away; Behold new things have come.**

2 Corinthians 5:17

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**We ask God to fill you with the knowledge of His will, with all the wisdom and understanding that His Spirit gives. Then you will be able to live as the Lord wants and will always do what pleases Him. Your lives will produce all kinds of good deeds and you will grow in your knowledge of God.**

Colossians 1:9-10

### **St. Francis of Assisi Catholic Church**

7075 Ashworth Road  
West Des Moines, IA 50266  
(515) 440-1030

[saintfrancischurch.org/adultfaith/retreatanddiscern](http://saintfrancischurch.org/adultfaith/retreatanddiscern)

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**CHRIST RENEWS  
HIS PARISH**

**crhp**

Christ Renews His Parish

St. Francis of Assisi  
Catholic Church

## Frequently Asked Questions

### What is CRHP?

Do you sense something missing in your life? Do you feel that if you weren't so busy you would be happier, healthier, more effective, more fulfilled, and maybe even a better person? Come to the next Christ Renews His Parish (CRHP) weekend!

CRHP is an incredible experience that will help you discover what's missing in your life and what to do about it. Whether you want to connect with others in the parish, improve your prayer life, or just take a break from the craziness of everyday, you'll find what you're looking for—and more.

### What is it not?

CRHP is not a silent retreat or a parish organization. It is not a public confessional or an emotional cult. It is not a parish clique.

### What happens during the weekend?

Most who have made it say, "You can't explain what happens; you have to experience it." This is your invitation.

You will enjoy the 30-hour retreat at St. Francis of Assisi. This includes group activities and discussions, prayer and sacraments together, and reflections by fellow parishioners on such subjects as: Father's Loving Care For Us, Discipleship, and Christian Life.

### When and where is it held?

There is a Men's and Women's Retreat each Spring and Fall held at our parish. Women and Men attend on different weekends.

### How long does it last?

It begins at 8:00 a.m. on Saturday and ends by 4:00 p.m. on Sunday.

### Who may attend?

Anyone over 18 years old, Catholic or non-Catholic, who resides within the parish boundaries and is registered in the parish.

### I'm doubtful. Who will invite me?

You'll be invited by announcements at Mass, through the church bulletin, and perhaps by someone in the parish who may know you.

Individual invitations may also be made by Invitation Coordinators, provided your name is submitted to them by someone who thinks you might be interested.

It is up to you, as an individual, to make up your own mind. You are not being pressured to go. Praying for guidance is important. If you feel that Christ, through the Holy Spirit or through a human mediator is calling you, come!

### What about Confession?

A Reconciliation Service will be held in the church. The Service will conclude with confession for Catholics who desire this sacrament. Priests will be available for confessions.

### What about Mass?

The Eucharistic Celebration will take place in the church, which is reserved for participants of the Retreat.

### Where do people sleep?

At St. Francis on air mattresses. You'll need to bring whatever linens, pillows, blankets, sleeping bags etc., you desire.

### What about meals?

Hot meals are served. The food is excellent and portions are ample. There are regular breaks for coffee, soft drinks and snacks.

### What is the dress code?

Casual and comfortable. No extra "Sunday best" attire is expected.

### How much does it cost?

It's free! Volunteers and contributions help keep costs to a minimum.

### I'd like to attend, but I have a health problem.

Mention you have a special need on the registration form. Someone from the Retreat Team will contact you about your specific requirements. It shouldn't keep you from coming. There are very few situations we can't accommodate.