

Confirmation Sponsor Guidelines

What are the requirements for a Sponsor?

SPONSORS

Insofar as possible, there is to be a sponsor for the person to be confirmed; the sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament. (Can. 892)

According to Church law (Can. 874, 893), to be permitted to take on the function of confirmation sponsor the person must:

1. be designated by the one to be confirmed, by the parents or the person who takes their place, or in their absence by the pastor or minister and have the aptitude and intention of fulfilling this function;
2. have completed the sixteenth year of age, unless the diocesan bishop has established another age, or the pastor or minister has granted an exception for a just cause;
3. be a Catholic who has been confirmed and has already received the most holy sacrament of the Eucharist and who leads a life of faith in keeping with the function to be taken on;
4. not be bound by any canonical penalty legitimately imposed or declared; and
5. not be the father or mother of the one to be confirmed.

What does a Sponsor do during preparation?

We ask they do four key things:

1. Pray for their candidate often.
2. Check-in on their preparation throughout the entire process.
3. Pick a HABIT to work on with their candidate.
4. Attend Confirmation rehearsal and Mass.